

STATE BOARD OF SUBSTANCE ABUSE AND MENTAL HEALTH

Minutes of June 12, 2007
Utah State Hospital
1300 East Center Street
Provo, Utah

Attended:

Board Members:

Dr. Michael Crookston, Chair
Paula Bell, Vice-Chair
Darryl Wagner
Lou Callister

Joleen Meredith
Dr. James Ashworth

Excused:

Nora B Stephens

Staff:

Ron Stromberg
Brent Kelsey
Dallas Earnshaw
Jan Fryer

Guests:

Richard Nance
Christina Heath
Angela Smart

Juergen Korbanka
Sherri Wittwer
Adam Trupp

AGENDA	DISCUSSION	RECOMMENDATIONS/ACTION
Welcome and Introductions	Dr. Crookston opened the meeting and welcomed those in attendance. Introductions were made.	
Approval of May 8th, 2007 Meeting Minutes		Lou moved that the May 8 th meeting minutes be approved as written. Motion seconded by Paula and approved unanimously.
Follow-up on Utah State Hospital Tour	The Board expressed thanks and appreciation to Dallas and staff for hosting the Board at the Utah State Hospital. Dallas provided the Board with a handout containing information on the Hospital's objectives, who may be admitted, what happens to patients who come to the Hospital and where they go when they leave, how to know if treatment is effective, and how the Hospital compares to privatized hospitals.	
Presentation on Utah County Substance Abuse	Richard Nance, Director of Utah County Substance Abuse Services provided a PowerPoint presentation. He reported that the agency is housed within Utah County Government and is a Division under the Utah County Health Department. The agency is the local authority program for substance abuse services for Utah County and is statutorily responsible to provide treatment for Utah County citizens. Richard reviewed the treatment and prevention services that are available, the various sources of revenues and where the expenses go. He also explained where their clients come from and how well the agency is doing with the outcome measures that are being tracked. The organizational chart and the responsibilities of the staff for the various programs and functions of the agency were also reviewed. Richard noted that the agency has recently begun providing Spanish language outpatient treatment services and they have also been doing research with the rapid growth of energy drinks, particularly those containing alcohol. A review of the agency's budget was also provided, along with the new monies received from the legislature during the 2007 session. Richard expressed appreciation to the Board for providing him the opportunity to present to them.	FYI.
Presentation on Wasatch Mental Health	Juergen Korbanka, Director for Wasatch Mental Health also presented to the Board. He reported that he was appointed to the position about six weeks ago, replacing LaMar Eyre, who recently retired. Juergen expressed his appreciation to the Board for providing him the opportunity to present. He indicated that although substance abuse and mental health are two separate entities, they maintain an excellent relationship with Utah County Substance Abuse Services as well as other community partners. Jeurgen reported that the agency was established	FYI.

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Wasatch Mental Health Presentation (continued)	in 1967 and offers an array of acute and chronic care services for children, adolescents, adults and families. He reviewed the various services offered and what they entail. He reported on the center's school-based efforts and noted that currently, there are approximately thirty schools that have staff from Wasatch Mental Health on site. Jeurgen reported that the agency contracts with Utah Valley Regional Medical Center for acute care inpatient services. Jeurgen noted that even though the numbers of individuals treated has increased, a decline in psychiatric bed use since FY02 has been realized. Jeurgen reported that this demonstrates the implementation of recovery principles and the creativity of staff in determining alternative options to avoid hospitalizations, which often times causes more trauma to the individual and are much more costly.	
Approve Draft Rule R523-1-1. Board of substance Abuse and Mental Health – Responsibilities	Brent reported that the recommended revisions made at the May Board meeting have been included in the rule and requested the Board's approval of the revised rule. Brent indicated that once approved by the Board, the rule would then be sent through the rulemaking process and posted for public comment. Any public comment received would be brought back to the Board for their review and consideration. The Board reviewed and discussed the revisions to the rule. Lou suggested that on Item #3 of the rule, that the word "any" be added before the word "rule". There was discussion, and the Board concurred.	Lou moved that the Board approve the rule as per the additional recommended revision. Motion seconded by Paula and approved unanimously. Division staff will make this revision and proceed with the rulemaking process.
Suicide Prevention Plan	<p>A copy of the 2007 Utah Suicide Prevention Plan was provided to the Board. Ron Stromberg reported that the State Division entered into a contract in 2006 with NAMI Utah to develop a comprehensive statewide suicide prevention plan for all ages. A Suicide Prevention Council was established to develop the plan, which consisted of a broad representation of individuals and agencies. Ron referred to Sherri Wittwer, Executive Director of NAMI Utah, and who also headed up the Suicide Prevention Council to provide additional information. Sherri reported that the Council is pleased to have completed and released the Plan and indicated that the Council's intent is to continue meeting and maintaining the energy and collaboration that has been developed amongst the group. She reviewed the contents of the Plan, which includes ten goals with objectives and recommendations, along with the activities that are currently in place for each of the goals. She noted that the Council does not intend to duplicate those efforts that have already been accomplished, but want to support those efforts as well as continue with the work that still needs to be completed. It was noted that the Council will meet the end of June to begin discussing legislation and priorities and any input from the State Board is welcome. The Board commended Sherri and those involved on the Council for their work and efforts in developing an excellent Suicide Prevention Plan.</p> <p>Richard Nance mentioned a mortality study that was done and presented to their Board recently. He expressed an interest in presenting the information to the State Board at a future meeting.</p>	Paula recommended that legislators be included in the distribution of the Suicide Prevention Plan.
Utah State Hospital Report	Dallas reported that issues with staff resources are currently the Hospital's biggest challenge and that the nursing shortage has escalated since last reported. He noted that most nurses are picking up vacant shifts, however, this causes concern for burnout. Dallas reported that requests continue to be submitted to the Department with options to resolve the problems. It was reported that with the discretionary monies approved by the legislature, that the Hospital has been able to address some of the issues relative to the doctor and pharmacist shortage, as well as other clinical areas. Dallas reported that the pediatric census is increasing and they are seeing an upward trend in this area. A meeting will be held with the Department of Facilities Construction and Management	

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Utah State Hospital Report (continued)	<p>and the Department to begin planning requests to replace three buildings on the campus, i.e., the MS Building, the Beesley Girls Youth Facility and the Youth Center. A new pediatric complex would then be constructed which would also house the Education Department. A second facility would be constructed to house the rest of the services in the MS building such as clinics, pharmacy, admissions, medical records, Sunrise Program, etc. The new construction would complete the changeover of the old buildings to a completely new campus. Problems continue with the water line that was put in up Slate Canyon and efforts are being made to resolve.</p> <p>Dallas reported that the Legislative Audit of the State Hospital is currently taking place and should be completed by the end of the year. The Hospital is due for a Joint Commission Survey this year and it was reported that these surveys are unannounced. The Hospital is also overdue for a CMS Certification Survey.</p> <p>Dallas reported that the Hospital will become a tobacco free campus which will likely be during the great American smoke out in November. He noted that there is a trend among State Hospitals to move in the direction of tobacco free campuses.</p>	
Utah Behavioral Healthcare Network (UBHN) Report	<p>Angela Smart, Executive Director for UBHN provided an update on the status of UBHN. She reported that the last full board meeting was held in May and a June meeting will not be held. However, the Executive Committee will meet the last week in June to finalize any business that needs to occur with the dissolution between UBHN and UBHEC. Angela indicated that the will be moving to the office of the Utah Association of Counties in July and that Jack's last day is June 30th. It was reported that the UBHN meeting schedule will remain the same and that business will continue as it has in the past. Angela indicated that the agenda for UBHN will be to recommence working on the futures planning and the recovery planning model as well as issues relative to Network of Care. She expressed an interest and willingness to begin working with the Division regarding the upcoming legislative session and hopes to continue the momentum that was gained from last year's session.</p>	
Other Business	<p>Brent reported that through a competitive awards process, awards for drug courts have been made for the \$1,670,000 appropriated by the Legislature for State Fiscal Year 2008. He indicated that 36 proposals were received, and 17 awards were made, which will fund six new drug court programs, six expansions of existing drug courts and five enhancement drug court programs. It is estimated that 520 additional individuals will be served in the drug court model next year.</p> <p>Brent also reported that funding was received to open two residential programs, one in the north and one in the southern part of the state, to provide substance abuse treatment for women and children. Weber Human Services received the award for the northern part of the state and Southwest Behavioral Health received the award for the southern part.</p> <p>The September Board meeting was discussed, as well as other upcoming Board meeting. The September meeting was initially scheduled in conjunction with the Fall Substance Abuse Conference, however, it was determined that the majority of Board members had a conflict with the September 26th meeting date.</p>	<p>There will be no July meeting, and the next meeting will be held on August 14th. Lou moved that the September meeting, initially scheduled in conjunction with the</p>

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Other Business (continued)		<p>Fall Substance Abuse Conference be moved to Tuesday, September 11th in order to assure that a quorum is present. Motion seconded by Joleen and approved unanimously.</p> <p>Joleen indicated that she will need to be excused from the August, October and November meetings.</p>
Adjourn		<p>Lou moved that the meeting be adjourned. Motion seconded by Paula and approved unanimously.</p>